

# 積分技巧-三角函數積分

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$$\sin^2 x = 1 - \cos^2 x$$

$$\cos^2 x = 1 - \sin^2 x$$

$$\int \sin x \cos^3 x \, dx$$

$$\text{let } u = \cos x$$

$$du = -\sin x \, dx$$

$$dx = -\frac{1}{\sin x} \, du$$

$$\Rightarrow \int \sin x u^3 \cdot \frac{1}{-\sin x} \, du$$

$$= -\int u^3 \, du = -\frac{1}{4} u^4$$

$$= -\frac{1}{4} \cos^4 x + C$$

$$\int t \sin^2 t \, dt$$

$$\Rightarrow \int t \sin^2 t \, dt = \frac{1}{2} \int t - t \cos(2t) \, dt$$

$$\downarrow \sin^2 t = \frac{1}{2}(1 - \cos(2t))$$

$$= \frac{1}{2} \left( \frac{1}{2} t^2 - \left( \frac{1}{2} t \sin(2t) + \frac{1}{4} \cos(2t) \right) \right)$$

$$= \frac{t^2}{4} - \frac{1}{4} t \sin(2t) - \frac{1}{8} \cos(2t) + C$$

	D	I
+	t	cos(2t)
-	1	↘ $\frac{1}{2} \sin(2t)$
+	0	↘ $-\frac{1}{4} \cos(2t)$
-		

$$\int \cos^2 x \tan^3 x \, dx$$

$$\Rightarrow \int \cos^2 x \left( \frac{\sin^3 x}{\cos^3 x} \right) dx$$

$$= \int \frac{\sin^2 x}{\cos x} dx = \int \frac{\sin^2 x \cdot \sin x}{\cos x} dx$$

$$= \int \frac{(1 - \cos^2 x) \sin x}{\cos x} dx$$

$$\text{let } u = \cos x, \quad du = -\sin x \, dx$$

$$dx = -\frac{1}{\sin x} \, du$$

$$\Rightarrow -\int \frac{1-u^2}{u} \sin x \cdot \frac{1}{\sin x} \, du$$

$$= -\int \frac{1}{u} - u \, du = -\ln|u| + \frac{1}{2} u^2$$

$$= -\ln|\cos x| + \frac{1}{2} \cos^2 x + C$$

0.  $\cos x + \sin(2x)$

$$\int \frac{\cos x + \sin(2x)}{\sin x} dx$$

$$\Rightarrow \int \frac{\cos x}{\sin x} + \frac{\sin(2x)}{\sin x} dx$$

$\sin(2x) = 2\sin x \cos x$

let  $\sin x = u$   
 $du = \cos x dx$   
 $dx = \frac{1}{\cos x} du$

$$\int \frac{\cos x}{u} \cdot \frac{1}{\cos x} du = \int \frac{1}{u} du$$

$$= \int \frac{1}{u} du + \int 2 \cos x dx$$

$$= \ln|u| + 2 \sin x = \ln|\sin x| + 2 \sin x + C$$

$$\int \csc x dx$$

$$\Rightarrow \int \frac{\csc x (\csc x + \cot x)}{\csc x + \cot x} dx$$

$$= \int \frac{\csc^2 x + \csc x \cot x}{\csc x + \cot x} dx$$

let  $u = \csc x + \cot x$

$$du = -\csc x \cot x - \csc^2 x dx$$

$$\Rightarrow \int \frac{-1}{u} du = -\ln|u| + C$$

$$= -\ln|\csc x + \cot x| + C$$

$$\int \sec x dx$$

$$\Rightarrow \int \frac{\sec x (\sec x + \tan x)}{\sec x + \tan x} dx$$

let  $\sec x + \tan x = u$

$$du = \tan x \sec x + \sec^2 x dx$$

$$\Rightarrow \int \frac{\sec^2 x + \tan x \sec x}{u} \cdot \frac{1}{\sec^2 x + \tan x \sec x} du$$

$$= \int \frac{1}{u} du = \ln|u| = \ln|\sec x + \tan x| + C$$

$$\int \cos x dx$$

$$\Rightarrow \sin x + C$$

$$\int \cos^2 x dx$$

$$\cos^2 x = \frac{1 + \cos 2x}{2}$$



$$\int \cos^2 x \, dx \quad \checkmark \quad \cos^2 x = \frac{1 + \cos 2x}{2}$$

$$\begin{aligned} &\Rightarrow \int \frac{1}{2} (1 + \cos(2x)) \, dx \\ &= \frac{1}{2} \int 1 + \cos(2x) \, dx \\ &= \frac{1}{2} \left( x + \frac{1}{2} \sin(2x) \right) \\ &= \frac{1}{2} x + \frac{1}{4} \sin(2x) + C \end{aligned}$$

$$\int \cos^3 x \, dx$$

$$\begin{aligned} &\Rightarrow \int \cos^2 x \cos x \, dx \\ &= \int (1 - \sin^2 x) \cos x \, dx \\ &\quad \curvearrowright \cos^2 x = 1 - \sin^2 x \\ &\Rightarrow \text{let } u = \sin x \quad du = \cos x \, dx \\ &\quad \quad \quad dx = \frac{1}{\cos x} du \\ &\Rightarrow \int 1 - u^2 \, du = u - \frac{1}{3} u^3 \\ &= \sin x - \frac{1}{3} \sin^3 x + C \end{aligned}$$

$$\int \cos^4 x \, dx$$

$$\begin{aligned} &= \int (\cos^2 x)^2 \, dx \\ &= \int \left( \frac{1}{2} (1 + \cos(2x)) \right)^2 \, dx \\ &= \frac{1}{4} \int 1 + 2\cos(2x) + (\cos 2x)^2 \, dx \\ &= \frac{1}{4} \int 1 + 2\cos(2x) + \frac{1}{2} (1 + \cos(2 \cdot 2x)) \, dx \\ &= \frac{1}{4} \int 1 + 2\cos(2x) + \frac{1}{2} + \frac{1}{2} \cos 4x \, dx \\ &= \frac{1}{4} \left( \frac{3}{2} x + \sin(2x) + \frac{1}{8} \sin(4x) \right) \\ &= \frac{3}{8} x + \frac{1}{4} \sin(2x) + \frac{1}{32} \sin(4x) + C \end{aligned}$$

$$\int \sin x \, dx$$

$$\Rightarrow -\cos x + C$$

$$\int \sin^2 x \, dx \quad \star \sin^2 x = \frac{1 - \cos 2x}{2}$$

$$\Rightarrow \int \frac{1 - \cos 2x}{2} \, dx$$

$$= \int \frac{1}{2} - \frac{1}{2} \sin 2x \, dx$$

$$= \frac{1}{2}x + \frac{1}{4} \cos(2x) + C$$

$$\int \sin^3 x \, dx$$

$$\Rightarrow \int \sin x (\sin^2 x) \, dx$$

$$= \int \sin x (1 - \cos^2 x) \, dx$$

$$\Rightarrow \text{let } u = \cos x$$

$$du = -\sin x \, dx$$

$$dx = -\frac{1}{\sin x} \, du$$

$$\Rightarrow \int (1 - u^2) \sin x \cdot \left(-\frac{1}{\sin x} \, du\right)$$

$$= \int u^2 - 1 \, du$$

$$= \frac{1}{3}u^3 - u$$

$$= \frac{1}{3} \cos^3 x - \cos x + C$$

$$\int \sin^4 x \, dx$$

$$\Rightarrow \int (\sin^2 x)^2 \, dx \quad \star \cos^2 x = \frac{1 + \cos 2x}{2}$$

$$= \int \left(\frac{1 - \cos 2x}{2}\right)^2 \, dx$$

$$= \frac{1}{4} \int (1 - \cos 2x)^2 \, dx$$

$$= \frac{1}{4} \int 1 - 2\cos 2x + \underbrace{\cos^2 2x}_{\text{再積分}} \, dx$$

$$= \frac{1}{4} \left[ x - \sin 2x + \int \frac{1}{2}(1 + \cos 4x) \, dx \right]$$

$$= \frac{x}{4} - \frac{1}{4} \sin 2x + \frac{1}{4} \int \frac{1}{2} + \frac{1}{2} \cos 4x \, dx$$

$$= \frac{x}{4} - \frac{1}{4} \sin 2x + \frac{1}{4} \left( \frac{1}{2}x + \frac{1}{8} \sin 4x \right)$$

$$= \frac{x}{4} - \frac{1}{4} \sin 2x + \frac{1}{8}x + \frac{1}{32} \sin 4x$$

$$= \frac{3}{8}x - \frac{1}{4} \sin 2x + \frac{1}{32} \sin 4x + C$$

$$\int \tan x \, dx$$

$$\Rightarrow \int \tan x \, dx$$

$$= \int \frac{\sin x}{\cos x} \, dx$$

$$\Rightarrow \text{let } u = \cos x$$

$$du = -\sin x \, dx$$

$$\begin{aligned}
 dx &= -\frac{1}{\sin x} du \\
 \Rightarrow \int \frac{\sin x}{u} \cdot -\frac{1}{\sin x} du \\
 &= -\int \frac{1}{u} du \\
 &= -\ln|u| \\
 &= -\ln|\cos x| + C \\
 &= \ln|(\cos x)^{-1}| + C \\
 &= \ln|\sec x| + C
 \end{aligned}$$

$$\int \tan^2 x \, dx$$

$$\begin{aligned}
 \Rightarrow \int \tan^2 x \, dx \\
 &= \int \frac{\sin^2 x}{\cos^2 x} \, dx \\
 &= \int \frac{1 - \cos^2 x}{\cos^2 x} \, dx \quad \sin^2 x = 1 - \cos^2 x \\
 &= \int \frac{1}{\cos^2 x} - 1 \, dx \\
 &= \int \sec^2 x - 1 \, dx \\
 &= \tan x - x + C
 \end{aligned}$$

$$\int \tan^3 x \, dx$$

$$\begin{aligned}
 \Rightarrow \int \tan^3 x \, dx \quad \begin{array}{l} \tan^2 x + 1 = \sec^2 x \\ \tan^2 x = \sec^2 x - 1 \end{array} \\
 &= \int \tan x \cdot (\sec^2 x - 1) \, dx \\
 &= \int \tan x \sec^2 x - \tan x \, dx \\
 &= \int \tan x \sec^2 x \, dx - \int \tan x \, dx \\
 &\quad \left. \begin{array}{l} \downarrow \\ \text{let } u = \tan x \\ du = \sec^2 x \, dx \\ dx = \frac{1}{\sec^2} du \end{array} \right\} \begin{array}{l} \text{上面求過} \\ \int \tan x \, dx \\ = -\ln|\cos x| + C \end{array} \\
 \Rightarrow \int u \sec^2 x \cdot \frac{1}{\sec^2} du + \ln|\cos x| \\
 &= \int u \, du + \ln|\cos x| \\
 &= \frac{1}{2} u^2 + \ln|\cos x| \\
 &= \frac{1}{2} \tan^2 x + \ln|\cos x| + C
 \end{aligned}$$